Telehealth is the use of electronic technology to provide health care and services to a patient when the provider is in a different location.

**Telehealth Modalities**

- **Store and Forward**: the electronic transmission of medical information via a secure transmission.
- **Video Conferencing**: interactive, real-time audio and video technology that provides a live exchange.
- **Remote Patient Monitoring**: collection of data from individuals in one location that is electronically transmitted to a clinician for assessment.
- **Mobile Health**: the provision of health care services and personal health data via mobile devices (also known as mHealth).

**Common Uses for Telehealth**

- dermatology
- chronic disease
- mental health
- stroke
- urology
- ICU

**Telehealth Resource Centers**

Telehealth Resource Centers are federally funded organizations that provide information and TA to consumers and providers among others.

**Potential benefits of telehealth**

- Telehealth is cost-effective
- More convenient for patients and caregivers
- Reduces travel time while increasing flexibility
- Increases access to care
- Better communication among clinicians

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